

March 2024 Lunch Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Daily Salad Bar Items:</u> Romaine Lettuce Baby Carrots Cucumber Garbanzo Beans Cherry Tomato	<u>Daily Alternative Meals:</u> - Chef Salad w/ Deli Turkey, Cheese & Egg & Whole Grain Wrap - PB & J Sandwich - Tuna Salad Sandwich - Grilled Cheese Sandwich	28 Orange Glazed Turkey Meatballs Orange Glazed Veggie Meatballs Stir Fry Rice w/Veggie Salad Bar Fruit	29 Grilled Turkey & Cheese Grilled Cheese Tomato Soup Salad Bar Fruit	1 Pepperoni Pizza Cheese Pizza Salad Bar Fruit
4 Chicken Alfredo w/ Penne Pasta Alfredo w/ Penne Pasta Garlic Bread Salad Bar Fruit	5 Ground Beef Tacos Three Bean Tacos Chicken Chowder Salad Bar Fruit	6 Breakfast Pizza w/Egg, Cheese, & Sausage Breakfast Pizza with Egg & Cheese Salad Bar Fruit	7 Munchie Bowl Chicken Tenders & Mozz Sticks Mozz Sticks Oven Fries Chickpea Stew Salad Bar Fruit	8 Pepperoni Pizza Cheese Pizza Salad Bar Fruit
11 Chicken Patty Sandwich Veggie Patty Sandwich Sweet Potato Fries Salad Bar Fruit	12 Hot Dog w/Baked Beans Veggie Dog w/Baked Beans C. of Potato Soup Salad Bar Fruit	13 Shepherd's Pie Vegetarian Shepherd's Pie Garlic Bread Salad Bar Fruit	14 Turkey Bacon Ranch Melt Grilled Cheese Tomato Soup Salad Bar Fruit	15 Pepperoni Pizza Cheese Pizza Salad Bar Fruit
18 Meatball Sub Veggie Meatball Sub Salad Bar Fruit	19 Beef Chili Three Bean Chili Tortilla Chips Salad Bar Fruit Vernal Equinox	20 Baked Chicken or Veggie Chicken Patty Green Beans Seasoned Rice Salad Bar Fruit	21 Hamburger Veggie Burger Vegetable Soup Crinkle Cut Fries Salad Bar Fruit	22 NO SCHOOL FOR STUDENTS
25 Chicken Quesadilla Cheese Quesadilla Salad Bar Fruit	26 Sloppy Joe on a Bun Veggie Sloppy Joe on a Bun Salad Bar Fruit	27 Waffles and Bacon Tater Tots Salad Bar Fruit	28 French Bread Pepperoni Pizza French Bread Cheese Pizza Salad Bar Fruit	29 Fish Sticks Mac & Cheese Salad Bar Fruit Good Friday

Key: H=Hot Lunch VH=Vegetarian Hot Lunch. All lunches come with salad bar, fruit and a choice of 2 milk varieties. Chef Salad, PB&J and Tuna Salad Sandwich are available as lunch substitutions. This institution adheres to Massachusetts state guidelines for choking hazards. Grains are whole unless specified. Please let us know if anyone attending meal service has a food allergy. Substitutions may occur without notice.

This institution is an equal opportunity provider.

March 2024 Breakfast Menu

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		28 Cereal Selection Granola Bar Yogurt Fruit Juice Milk	29 Cereal Selection Cheese Stick Fruit Juice Milk	1 Cranberry Orange Muffins Granola Bar Yogurt Fruit Juice Milk
4 Cereal Selection Yogurt Fruit Juice Milk	5 Rainbow Bagel w/ Cream Cheese or Peanut Butter Granola Bar Cheese Stick Fruit Juice Milk	6 Cereal Selection Yogurt Fruit Juice Milk	7 Cereal Selection Cheese Stick Fruit Juice Milk	8 WG Chocolate Donut Granola Bar Yogurt Fruit Juice Milk
11 Cereal Selection Yogurt Fruit Juice Milk	12 WG Pancakes w/ Syrup Granola Bar Cheese Stick Fruit Juice Milk	13 Cereal Selection Yogurt Fruit Juice Milk	14 Cereal Selection Cheese Stick Fruit Juice Milk	15 Breakfast Bagel Egg & Cheese or Sausage & Cheese Granola Bar Yogurt Fruit Juice Milk
18 Cereal Selection Yogurt Fruit Juice Milk	19 WG Banana Muffin Granola Bar Cheese Stick Fruit Juice Milk	20 Cereal Selection Yogurt Fruit Juice Milk	21 Cereal Selection Cheese Stick Fruit Juice Milk	22 NO SCHOOL FOR STUDENTS
25 Cereal Selection Yogurt Fruit Juice Milk	26 Overnight Oats w/ Fruit Granola Bar Cheese Stick Fruit Juice Milk	27 Cereal Selection Yogurt Fruit Juice Milk	28 Cereal Selection Cheese Stick Fruit Juice Milk	29 Fruit Smoothies Granola Bar Yogurt Fruit Juice Milk

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Daily Alternative Meals:

- Chef Salad w/ Deli Turkey, Cheese & Egg
& Whole Grain Wrap
- PB & J Sandwich
- Tuna Salad Sandwich
- Grilled Cheese Sandwich

Daily Salad Bar Items:

Romaine Lettuce
Baby Carrots
Cucumber
Garbanzo Beans
Cherry Tomato